### STATE OF SOUTH CAROLINA DEPARTMENT OF EDUCATION

MOLLY M. SPEARMAN STATE SUPERINTENDENT OF EDUCATION



# Students Health and Fitness Act Compliance Report

Provided to the General Assembly

Persuant to the Students Health and Fitness Act of 2005 [§59-10-10(C)]

December 1, 2017

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#### **Reporting Requirement**

The Students Health and Fitness Act of 2005, S.C. Code <u>\$59-10-10(C)</u>, requires each South Carolina district to report on the amount of time allotted to students for physical education instruction and physical activity as referenced in the excerpt below.

During each year of implementation of the reduced student to physical education teacher ratio, each district shall report to the State Department of Education by June fifteenth, the number of minutes of physical education instruction and the minutes of additional physical activity students receive daily with a total for the week. The report must be listed by elementary school and by individual class and grade level. The State Department of Education shall provide a summary of this information to the General Assembly by December first of each year of implementation.

#### **Students Health and Fitness Act of 2005 Requirements**

The Students Health and Fitness Act of 2005, S.C. Code <u>§59-10-10</u>, mandates that students in grades kindergarten through five receive at least one hundred and fifty minutes per week of physical education and physical activity. Of those one hundred and fifty minutes per week, at least sixty minutes are to be allotted to physical education as referenced in the excerpts below.

<u>§59-10-10(A)</u>: The goal of this article is to provide every elementary student with the equivalent of thirty minutes of physical activity daily. Beginning in the 2006–07 school year, students in kindergarten through fifth grade must be provided a minimum of one hundred fifty minutes a week of physical education and physical activity. In 2006–07, a minimum of sixty minutes a week must be provided in physical education, and as Section 59-10-20 is phased in, the minimum time for physical education must be increased to ninety minutes a week.

<u>§59-10-370:</u> Each phase of implementation of the Students Health and Fitness Act is contingent upon the appropriation of adequate funding as documented by the fiscal impact statement provided by the Revenue and Fiscal Affairs, formerly the State Budget Office of the State Budget and Control Board. There is no mandatory financial obligation to school districts if state funding is not appropriated for each phase of implementation . . . .

In addition, Proviso 1.28 of the 2016-17 Appropriations Act grants districts flexibility in use of funds.

#### **Survey Administration**

The South Carolina Department of Education (SCDE) notified all district instructional leaders and elementary school health and fitness coordinators about the mandatory Students Health and Fitness Act Annual Compliance Survey via memorandum on May 15, 2017 (Appendix A), as well as follow-up electronic and phone communications. The Students Health and Fitness Act Annual Compliance Survey required all school physical activity directors to provide the number of minutes allotted to their students per week for both physical education and physical activity (Appendix B).

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#### **School Survey Participation**

Seventy-three percent (n=470) of South Carolina public schools with students in any or all grades K–5 responded to the Students Health and Fitness Act Annual Compliance Survey. Conversely, twenty-seven percent (n=170) of South Carolina public schools with students in any or all grades K–5 did not respond to the Students Health and Fitness Act Annual Compliance Survey (Appendix C).

The results reported below were analyzed based on data collected from self-reported physical activity director surveys (Appendices A and B).

#### **Physical Education and Physical Activity Minutes**

Of the 470 schools responding, fifty-two percent (n=247) reported providing at least one hundred fifty minutes per week of physical education and physical activity during the 2016–17 school year. Each of these schools had a minimum of sixty minutes of physical education per week and a minimum of ninety minutes of physical activity outside of physical education.

Conversely, of the 470 schools responding, forty-seven percent did not report meeting either the sixty minutes of physical education per week or the one hundred fifty minutes of physical activity per week.

#### **Appendix A: Students Health and Fitness Act Memorandum**



## STATE OF SOUTH CAROLINA DEPARTMENT OF EDUCATION

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#### **MEMORANDUM**

- **TO:** District Instructional Leaders Elementary School Health and Physical Education Coordinators
- **FROM:** Dr. Anne Pressley Director, Office of Standards and Learning
- **DATE:** May 15, 2017
- **RE:** Students Health and Fitness Act Annual Compliance Surveys

*The Students Health and Fitness Act* (59-10-10(C)) requires each South Carolina district to offer students a specific amount of time for physical education instruction and physical activity as referenced in the excerpt below (South Carolina Department of Education [SCDE], 2005).

During each year of implementation of the reduced student to physical education teacher ratio, each district shall report to the State Department of Education by June fifteenth, the number of minutes of physical education instruction and the minutes of additional physical activity students receive daily with a total for the week. The report must be listed by elementary school and by individual class and grade level. The State Department of Education shall provide a summary of this information to the General Assembly by December first of each year of implementation.

The SCDE is collecting the statutorily required information through the following survey and spreadsheet administered by the Office of Standards and Learning. Please fill out and submit the survey by clicking on the link below. <u>https://docs.google.com/forms/d/e/1FAIpQLSedulW8jWrjDPbgfRZ3NaKpul6imhCCoE</u> QEZJhkU-\_cSt\_ow/viewform?usp=sf\_link

Student Health and Fitness Act Compliance Report December 1, 2017 Page 3 The attached spreadsheet will be completed by the schools physical activity director and must provide the information for each homeroom teacher. On the attached spreadsheet you will have an option to enter the amount of dance minutes. A certified dance instructor can account for 25 percent of your physical education minutes.

The SCDE will use the data collected from this survey to compile the Annual Summary Report required by law. This information will be shared with each district's identified district physical education contact. Each district should complete and return the survey and spreadsheet no later than 5:00 p.m. on June 15, 2017, to Mike Lally.

If you have questions regarding this information, please contact Mike Lally at mlally@ed.sc.gov or 803-734-4533.

School Name: District: Name of Physical Activity Director: Did 5th grade Students Have Fitness Reports Sent Home:					rector:	
Homeroom Teacher's Name	Grade Level	P.E Minutes	Physical Activity Minutes Per Week	P.E/PA Minutes Combined Per Week	Dance Minutes Per Week (if the school has a certified dance instructor)	Dance and P.E Minutes Combined
Example						
Judy Smith	4	60	120	180	15	75
Love	K	40	120	160	0	40
Hunter	K	40	120	160	0	40
Mickle	K	40	120	160	0	40
Broughton	K	40	120	160	0	40
Seawell	1	50	120	170	0	50
Snyder	1	50	120	170	0	50
Dickson	1	50	120	170	0	50
Stevens	1	50	120	170	0	50
Hill	1	50	120	170	0	50
Calhoun	2	50	120	170	0	50
Shuler	2	50	120	170	0	50
Mehta	2	50	120	170	0	50
Bridges	2	50	120	170	0	50
Raley	2	50	120	170	0	50
Barnette	3	50	120	170	0	50
Belk	3	50	120	170	0	50
Guttridge	3	50	120	170	0	50
Lambert	3	50	120	170	0	50
Harris	3	50	120	170	0	50
Musciano	4	50	120	170	0	50
Donnelly	4	50	120	170	0	50
Johnson	4	50	120	170	0	50
Whitener	4	50	120	170	0	50
Price	4	50	120	170	0	50
Maturi	5	50	120	170	0	50
Nocella	5	50	120	170	0	50
Evangelista	5	50	120	170	0	50
Rogers	5	50	120	170	0	50

### Appendix B: Students Health and Fitness Act Survey

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#### **Appendix C: Survey Participation by School**

Seventy-three percent (n=470) of South Carolina public schools with students in any or all grades Kindergarten through 5 responded to the Students Health and Fitness Act Annual Compliance Survey. Conversely, twenty-seven percent (n=170) of South Carolina public schools with students in any or all grades Kindergarten through 5 did not respond to the Students Health and Fitness Act Annual Compliance Survey.

District	Non-Responding Schools
Abbeville	Cherokee Trail Elementary
Abbeville	Diamond Hill Elementary
Abbeville	John C Calhoun Elementary
Aiken 1	Aiken Elementary
Aiken 1	Belvedere Elementary
Aiken 1	Busbee Corbett Elementary
Aiken 1	Byrd Elementary
Aiken 1	Chukker Creek Elementary
Aiken 1	Clearwater Elementary
Aiken 1	Gloverville Elementary
Aiken 1	Greendale Elementary
Aiken 1	Hammond Hill Elementary
Aiken 1	JD Lever Elementary
Aiken 1	Jefferson Elementary
Aiken 1	Millbrook Elementary
Aiken 1	Mossy Creek Elementary
Aiken 1	Oakwood-Windsor Elementary
Aiken 1	Redcliffe Elementary
Aiken 1	Ridge Springs Monetta Elementary
Allendale	Fairfax Elementary
Anderson 1	Palmetto Elementary
Anderson 2	Belton Elementary
Anderson 2	Honea Path Elementary
Anderson 5	Centerville Elementary
Anderson 5	Concord Elementary
Anderson 5	McLees Elementary
Anderson 5	Midway Elementary
Anderson 5	Nevitt Forest Elementary
Anderson 5	New Prospect Elementary

Non-responding schools are listed by district below.

District	Non-Responding Schools
Bamberg 2	Denmark-Olar Elementary
Barnwell 29	Kelly Edwards Elementary
Beaufort	Joseph S Shanklin Elementary
Beaufort	Michael C Riley Elementary
Beaufort	Okatie Elementary
Beaufort	Red Cedar Elementary
Charleston	AC Corcoran Elementary
Charleston	Angel Oak Elementary
Charleston	Carolina Park Elementary
Charleston	E.B. Ehington
Charleston	Edith L Frierson Elementary
Charleston	Edmund A Burns Elementary
Charleston	James B Edwards Elementary
Charleston	James Island Elementary
Charleston	Jennie Moore Elementary
Charleston	Ladson Elementary
Charleston	Mamie Whiteside Elementary
Charleston	Mary Ford Elementary
Charleston	Matilda Dunston Elementary
Charleston	Meeting Street Elementary
Charleston	Minnie Hughes Elementary
Charleston	Murray LaSaine Elementary
Charleston	Pepperhill Elementary
Charleston 1	Belle Hall Elementary
Charleston 1	James Simons Elementary
Charleston 1	Mt Zion Elementary
Cherokee 1	Mary Bramlett Elementary
Chesterfield	Edwards Elementary
Chesterfield	McBee Elementary
Chesterfield	Plainview Elementary
Darlington 1	Brockington Elementary
Darlington 1	Brunson Dargan Elementary
Darlington 1	Cain Elementary
Darlington 1	Carolina Elementary
Darlington 1	Lamar Elementary
Darlington 1	Pate Elementary
Dillon 3	Latta Elementary
Dorchester 2	Knightsville Elementary
Dorchester 2	Oakbrook Elementary

District	Non-Responding Schools
Dorchester 4	Clay Hill Elementary
Dorchester 4	Harleyville Elementary
Edgefield 1	Douglas Elementary
Edgefield 1	Johnston Elementary
Edgefield 1	Merriwether Elementary
Fairfield	Fairfield Elementary
Fairfield	Geiger Elementary
Fairfield	Kelly Miller Elementary
Florence 2	Hannah-Pamplico Elementary
Florence 4	Brockington Elementary
Greenville 1	Brook Glenn Elementary
Greenville 1	Brushy Creek Elementary
Hampton 1	Brunson Elementary
Hampton 1	Fennell Elementary
Hampton 1	Hampton Elementary
Horry 1	Carolina Forest Elementary
Horry 1	Palmetto Bays Elementary
Kershaw 1	Blaney Elementary
Kershaw 1	Camden Elementary of Creative Arts
Kershaw 1	Dobys Mill Elementary
Kershaw 1	Pine Tree Hill Elementary
Lancaster 1	Brooklyn Springs Elementary
Lee 1	Lower Lee Elementary
Lexington 1	Forts Pond Elementary
Lexington 1	Red Bank Elementary
Lexington 2	BC No1 Elementary
Lexington 2	Cayce Elementary
Lexington 2	Congaree Elementary
Lexington 2	Herbert A Wood Elementary
Lexington 2	Pineview Elementary
Lexington 5	Oak Pointe Elementary
Marion	McCormick Elementary
Marlboro 1	Blenheim Elementary
Marlboro 1	Clio Elementary
Marlboro 1	McColl Elementary
Newberry	Gallman Elementary
Newberry	Little Mountain Elementary
Newberry	Newberry Elementary
Oconee	Fair-Oak Elementary

District	Non-Responding Schools
Orangeburg 4	Hunter Kinard Tyler Elementary
Orangeburg 4	Lockett Elementary
Orangeburg 5	Mellichamp Elementary
Orangeburg 5	Rivelon Elementary
Pickens 1	Chastain Road Elementary
Pickens 1	Pickens Elementary
Richland 1	Annie Burnside Elementary
Richland 1	Carver-Lyon Elementary
Richland 1	Caughman Road Elementary
Richland 1	Hyatt Park Elementary
Richland 2	Forest Lake Elementary
Richland 2	LW Conder Elementary
Spartanburg 7	Jesse Boyd Elementary
Spartanburg 7	Mary H Wright Elementary
Spartanburg 7	Pine Street Elementary
Spartanburg 2	James H Hendrix Elementary
Spartanburg 7	Houston Elementary
Sumter 1	Alice Drive Elementary
Sumter 1	Cherryvale Elementary
Sumter 1	Crosswell Drive Elementary
Sumter 1	FJ Delaine Elementary
Sumter 1	High Hills Elementary
Sumter 1	Kingsbury Elementary
Sumter 1	Lemira Elementary
Sumter 1	Manchester Elementary
Sumter 1	Millwood Elementary
Sumter 1	Pocalla Springs Elementary
Sumter 1	RE Davis Elementary
Union	Forest Park Elementary
York 4	Orchard Park Elementary